EDITIORIAL
The editorial is written by the chief editor or editorial members of the OJN. It is not open for external authors unless invited.

ORIGINAL/RESEARCH ARTICLE
The journal publishes all types of related research articles namely descriptive, analytical, and experimental. However, certain descriptive studies may be put under the heading of ‘Audit’ section if the study does not contribute substantially to existing knowledge or to new concepts.

Word limit: 2500-3500

Title Page
The title page should contain the title of the article in bold letters with authors’ names, affiliation and complete address. The list of Principal Author, Co-author, and subsequent authors should be stated clearly. Corresponding author’s complete postal address, e-mail and phone number should be indicated clearly.

Title
The title should be simple and comprehensive that should consider the target readership. Brief, clear and short titles should be selected avoiding excessive adjectives and nouns.

Abstract
Abstract is a summary of the content of manuscript or essence of the whole paper in a maximum of 250 words. It should be provided on a separate page following the title page. The abstract should be structured and should be under the following subheadings: Introduction, Objective, Materials and method. Result, Conclusion.

Keywords
Keywords are article related common words chosen as far as possible from the terms of medical subjects heading list of Index Medicus. It shall comprise of a list of three to six keywords in alphabetical order.

Introduction
This section should introduce the research/study and give an overview of what to follow in rest of the paper, shall explain the readers why the study has been undertaken, clarify the contribution of the work, review related literature, and state the objective of the study.

Materials and Method
This section should clearly state the methodology of the research, including the study design, study period, setting, procedures, protocol, samples, materials, tools, data and statistical analysis used. It should also state the inclusion and exclusion criteria of the samples. It must be able to guide any qualified reader to repeat the experiment in the same manner; hence this section of the manuscript should include details of materials and methods of operation.

RESULT
The outcome of the study is presented in result section of the manuscript. Descriptive and statistical results should be shown under this heading. Along with the text, tables and graphs may be appropriately used. The result should depict actual numbers, establish the group comparison and also mention unexpected result, if any.

While interpreting the result, following things are considered:
• Do not give results to a greater degree of accuracy than that of the measurement.
• Avoid using percentages unless the groups have more than 100 subjects.
• When condensing the results give number of subject, range of results, central tendency, and confidence interval.
• When analysis of variance is performed, give the estimates with their degrees of freedom and p-values.
• No duplication of results is allowed in text and in figure/table, unless it has its own purpose.
• Various table/illustrations/graph/charts should not represent the same result.
• Write all result under one section referring to appropriate table, graph, or illustration. Do not write results separately under each table or graph.

Discussion
It is one of the most important sections of the manuscript where major findings are discussed. Following things should be considered:
• It should not merely be a repetition of result section. Only duplicating the data from result section into this headings is NOT allowed.
• Discuss possible problems with the methods used.
• Compare the result with previous works cited in the literature.
• Discuss the clinical and scientific implications of the findings (if any).
• Suggest further work.

Conclusion
A concise conclusion briefly explains why the paper was important and useful. Only duplicating the data from result
Reference

Authors are strictly instructed to follow Vancouver system for citing references. A comprehensive explanation of the system can be cited in the following link:

REVIEW ARTICLE

Review article must incorporate various aspects of the topic chosen, and should incorporate related latest research and findings. It should not merely be a collection of quotes from textbooks or previous journals that does not contribute anything new to the scientific literature.

The ideal contents of a review article should comprise of statement of the problem, historical background, and explanation of underlying basic science, methodology, human studies, discussion, conclusion and recommendations.

The ideal review should be topical, up-to-date, balanced, accurate, authoritative, quotable and legible.


CASE REPORT

Relevant clinical case of academic interest may be published under the section of case report. It should be comprised of four sections, namely: Abstract with key words, Introduction, Case report and Discussions.

The abstract may be an unstructured one within 150 words. The introduction section should introduce the case in brief and emphasize the importance of presenting it in the journal. The publications of the cases with educational message and rare clinical cases that have not been reported earlier are encouraged. The case report should detail statement of the problem, the time course of the events, and rationale for choosing particular management. Photographs and illustrations are useful. The discussions should be relevant and brief. Positive features should be accentuated and irrelevant details should be avoided. Only relevant references should be cited.

Written expressed consent must be taken prior to involving any person in the case report. The identity of the patients must not be revealed by text or figures. Confidentiality must be adhered to.


Instructions to the Authors

• The manuscript must represent original material and should not be under consideration of publication elsewhere.
• The decision of the Chief Editor will be final for manuscript modification or rejection without further explanation.
• The editorial board holds the right to edit and omit the contents of the manuscript.
• The author may withdraw his/her manuscript prior to publication with written applications.
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• The manuscript will be rejected or retracted (if published already); if any irregularities, misinformation or manipulation of the data tending to skew the fact or the report that does not represent the actual finding, if found.
• The conflict of interest and financial disclosure needs to be dealt while conducting the research study and while submitting the manuscript for publication.
• The declaration of authorship responsibility, financial disclosure, conflict of interest, and copyright transfer agreement forms are available on request from the Editor along with their guideline.

Checklist

Authors must check for the following details before submitting the manuscript
☐ Covering letter
☐ Completely filled OJN declaration of authorship, ethical committee approval and patient consent (if appropriate)
☐ Abstract
☐ Manuscript files including tables/figures
☐ Picture files (.jpg, .tiff)
☐ Word count [Abstract/Text]